

## About the Clinic

Welcome to Injury and Sports Rehabilitation Clinic.

Injury Rehabilitation offering a comprehensive range of therapies, fitness and training services.

Our gymnasium, fitness studio and consultancy rooms enable treatment to be offered in all levels of sports persons, elite athletes and the general public (non sporting population).

### Clinic Opening Times

Christophers Gym Ploughlane, Wimbledon, SW17 0BL

MON : 08:00am - 20:00pm

THURS : 08:00am - 20:00pm

SAT : 08:00am - 20:00pm  
The Kings Club

Woodhayes Road,Wimbledon Common, SW19 4TT

WEDS: 19:00pm - 22:00pm