

Testimonials

As a sports person my body can take quite a beating, as time goes by, coupled with a few minor car accidents can start to show on the body. I've been to lots of practitioners: sports massage therapists, acupuncturists, osteopaths, physios, etc.

What I like about Desmond is that first, and most importantly, the treatment works - my range of movement has increased and my pain has decreased. Secondly, I like that Desmond engages me fully in the recovery process. I understand what is happening to my body and how each treatment or specific rehab exercise will support me. Thirdly he understands that my sport is my livelihood and therefore finds ways of supporting me to do my work more effectively instead of telling me to stop. I see regular treatment as integral to my ability to perform into old age at an optimum level within my sport; and I actively recommend him to others.

Tammy Parlour - www.ChangsHapkido.net

Being a 66-year-old squash player, having spent the last 10 years suffering from a right knee problem.

Last January 07 I was scheduled for a knee operation, that is to say a new knee. The Epsom hospital suggested that I should make sure I do as much a pre-op therapy as possible. For this I was recommended by a satisfied client to Desmond to seek his help. I have to say that it was the best advice, and best decision I have made for a long time. The pre-op therapy proved to be fantastic, with a result. I was on my feet and at home, walking without aid within 48 hours of my operation. I immediately resumed post-op therapy with Desmond, which has also proved fantastic. Desmond is a highly qualified sports injury and physical therapist graduate, he is hard-working and enthusiastic offering knowledge and experience beyond his age. Nothing is too much trouble in his quest to get results. I know of no client that has not been satisfied with his work.

I am very happy to recommend Desmond to all my friends, with Desmond "you get what you pay for ,plus".

Bob McCreery.